



**DATE:** May 7, 2025

**TO:** Board of Education

**FROM:** Mrs. Kerstin Kramer, Superintendent Chief Learning Officer

**SUBJECT:** Approve Resolution No. 29-2024-2025 - Mental Health Awareness Month, May 2025

**PRESENTED BY:** Dr. Annamarie Cohen, Executive Director of Student Services

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### **ACTION REQUESTED**

Approve Resolution No. 29-2024-2025 - Mental Health Awareness Month, May 2025

### **BACKGROUND INFORMATION**

This resolution recognizes May 2025 as Mental Health Awareness Month to enhance public awareness of mental health and dispel the stigma surrounding it.

Every day, millions of people face stigma related to mental illness, causing many to face their mental health challenges for years without help. Each May, Mental Health Awareness Month provides the opportunity for everyone to come together to illuminate mental health awareness in an effort to stop the stigma. Bringing forth this awareness is crucial to helping people reach out for the assistance they deserve.

By officially recognizing May as Mental Health Awareness Month, we believe we can help unite our school district and community members to share a vision of improved mental health and equality. As our country continues to grapple with the impacts of the COVID-19 Pandemic, it is important to recognize and bring awareness to each individual's mental health needs.

**RESOURCES REQUIRED:** None

**PREPARED BY:** Becca Wing, Administrative Assistant Student Services, for Dr. Annamarie Cohen, Executive Director of Student Services

Attachment: Resolution No. 29-2024-2025