

RESOLUTION No. 25-2023-2024

**A RESOLUTION OF THE BOARD OF EDUCATION OF THE
TAHOE TRUCKEE UNIFIED SCHOOL DISTRICT DECLARING**

Mental Health Awareness Month, May 2024

WHEREAS, Half of the population will experience some type of mental health challenge over the course of a lifetime; and

WHEREAS, Mental health challenges are one of the most common health conditions in California, affecting children of all ages and impacting both the person experiencing mental health challenges and those persons who care and love the person facing the challenge; and

WHEREAS, One out of every 24 Californian’s with a serious mental illness have difficulty functioning in everyday life and if left untreated, have life expectancies 25 years shorter than the general population; and

WHEREAS, Every day, millions of people face stigma related to mental health and may feel isolated and alone, going years before receiving any help; and

WHEREAS, Recovery can and does happen, and all Californians should know that support and help is available regardless of any individual’s situation; and

WHEREAS, Creating a school district community where everyone feels comfortable reaching out for the support they deserve is crucial to ending the stigma around mental health; and

WHEREAS, Access to support and ending the stigma is of paramount importance; and

WHEREAS, The Tahoe Truckee Unified School District Board of Trustees wishes to enhance public awareness of mental health.

NOW, THEREFORE, BE IT RESOLVED that the Tahoe Truckee Unified School District does hereby adopt Resolution No. 25-2023-2024 in support of Mental Awareness Health Month and encourages our schools and community stakeholders to recommit to increasing awareness and understanding of mental health, the steps our citizens can take to protect their mental health, and the need for appropriate and accessible services for all TTUSD students and the greater Tahoe Truckee community with mental health conditions.

ADOPTED May 1, 2024 by the Tahoe Truckee Unified School District Board of Education, Nevada County, California.

Diana Driller, President of the Board of Education
Tahoe Truckee Unified School District

AYES: _____ NOES: _____ ABSENT: _____ ABSTAIN: _____

ATTEST:

I, Cris Hennessey, Clerk to the Board of Education, do hereby certify that the foregoing is a true and correct copy of a Resolution adopted by the Board of Education of the Tahoe Truckee Unified School District at its meeting of May 1, 2024, which Resolution is on file in the office of the said Board.

Clerk of the Board of Education
Tahoe Truckee Unified School District